



GROUP FITNESS

TIMETABLE

THE
FITNESS *Hub*

MON

TUES

WED

THURS

FRI

6:00PM



6:30PM



7:15PM





NEXT LEVEL HQ

GROUP FITNESS

TIMETABLE

THE ARENA

MON

TUES

WED

THURS

FRI

5:45PM



6:15PM



6:30PM

