



GROUP FITNESS TIMETABLE

THE
FITNESS *Hub*

	MON	TUES	WED	THURS	FRI
9:00AM					
6:00PM					
6:30PM					
7:15PM					



GROUP FITNESS

TIMETABLE

THE ARENA

MON

TUES

WED

THURS

FRI

5:45PM



6:15PM



6:30PM

